

# **ARDRAHAN GAA Club Player Injury Procedure.**

## **What Players should do when injured as of the 01/06/2013**

To make things run as smoothly as possible and to ensure that neither the player nor the club is out of pocket, the club have put the following guidelines in place. Ardrahan GAA Club, its Trustees and officers are **NOT** responsible for any injuries caused or incurred while participating in Gaelic Games. [Ardrahan GAA club will however do its best to ensure that the players are not left without pocket expenses by claiming from the GAA Players Injury Scheme.] It is also recommended that players should have their own personal insurance. What players are covered under the GAA is an INJURY SCHEME not an insurance scheme.

If the injury is sustained in a game then the **TEAM MANAGER** is responsible for notifying the referee of any injured players immediately after the game. This must be done on the day/evening of the game as referees are instructed not to take details afterwards. If the injury is sustained in an Official Training Session, an accompanying letter confirming injury signed by Club Chairman / Secretary is required.

Players when injured should contact the Club's Injury Officer / Secretary as soon as possible.

**To control costs, Ardrahan GAA will only be able to pay a Maximum of €60 (i.e. 3 visits x €20) for physiotherapy treatment. Receipts must be handed in to the Injury Officer within 1 month of finishing treatment.**

**Please note that the GAA Injury Scheme only covers physiotherapy, *after a post operative procedure up to a max €320. IT DOES NOT COVER GENERAL PHYSIO TREATMENT.***

The following slip will need to be filled out by the team manager and the injured player before Physiotherapy can commence.

Cumann Naomh Mhuire Ard Raithin

### **Physiotherapy Permission**

\_\_\_\_\_ has permission to be treated for an injury sustained during a Match/Training on // /. \_\_\_\_\_ will pay physiotherapist immediately after he is treated.

**Permission granted by:**

\_\_\_\_\_ **Date:** // 51

## COMPLETING GAA INJURY CLAIM FORM

### Step 1

Obtain a claim form. The current form is available from the Club Injury Officer or you can download from our Club website or gaa.ie. The 1st 2 pages of the claim form (Section A) **MUST** be submitted within 30 days of the injury to the Club Injury Officer – there will be **NO** exceptions from this. Fill out the first 2 pages of the claim form.

**No matter what the injury is, a claim form must be filled out.**

### Step 2

Give the filled out 1st 2 pages of the claim form to the Injury Officer. Do this ASAP.

### Step 3

Go to a doctor/Dentist and see what medical treatment they recommend you to get. **You cannot get any medical treatment until it is prescribed by a doctor.** Make sure they fill out Section E, get it stamped by the doctor or dentist and keep the get medical RECEIPT (stamped). Medical RECEIPT (stamped) is required, NOT invoices.

### Step 4

Get the recommended medical treatment and keep all receipts.

### Step 5

Fill out all the claim form. For medical expenses Sections E & F must be FULLY completed and signed by the appropriate persons; medical RECEIPTS (stamped) are required, NOT invoices. For Loss of Wages, as well as Sections E & F, Section C & D (employed) or Sections B & D (self-employed) must be completed. A common cause for delaying a claim is the failure to complete Section D properly; even though a claimant may not have received Social Security they **MUST** get a letter confirming whether they are entitled to any or not. The form goes through loss of wages etc.

### Step 6

Contact the club with the filled out forms and receipts. Club Injury Officer /secretary will then complete the forms and sends it in to Willis.

### Step 7

**It has to be made clear that the player has to pay the costs first and the injury scheme will reimburse these costs to the player.** Ardrahan GAA will not honor any private payment arrangements between a player and physiotherapist unless sanctioned by the club. The quicker the player fills out the form and completes the steps the quicker the costs are recovered.

The Club Physiotherapist is : **Cait O Doherty**.

For further information contact the club's Insurance Officer - Mary Kennedy 086 8337112